

# Allied Healthcare Professionals' Day

## The Foot and Ankle in the Elite Sportsman

Thursday 15th November, 2012

9.00am Lecture Hall

Convenors: Mr Mark Davies

Mr Andy Molloy

- 09:00      **Opening remarks**
- 09:05      **Overview of the work of an elite sports physician**  
Dr Nigel Jones (Liverpool Football Club)
- 09:25      **Questions**
- 09:30      **The use of cold therapy as treatments in foot and ankle injuries of the sportsman**  
Mr Rob Price (Hull City Football Club)
- 09:50      **Questions**
- 09:55      **Physiotherapy for lateral ligament and syndesmosis injuries in elite sportsmen**  
Mr Richie Porter (Everton Football Club)
- 10:15      **Early management and prognosis of ankle soft tissue injuries**  
Dr Chris Bleakley (University of Ulster)
- 10:35      **Questions**
- 10:45      **Coffee**
- 11:05      **Achilles tendinopathy - a physiotherapist's perspective**  
Dr Anne-Marie Hutchinson (Morrison Hospital)
- 11:25      **Questions**
- 11:30      **A sports physician's approach to metatarsal fractures and Lisfranc sprains**  
Dr Nigel Jones (Liverpool Football Club)
- 11:50      **The design of sports footwear and its role in injury prevention**  
Ms Liz Austen (ASICS)
- 12:20      **Questions**